



Individual Dental and Vision Plans

More smiles. Less trouble.

Capital Blue Cross
Dental and Vision



Capital Blue Cross is an Independent Licensee of the Blue Cross Blue Shield Association.

Capital Blue Cross Dental

In addition to health coverage, Capital Blue Cross goes the extra mile to offer affordable, flexible, and easy-to-use dental plans. Backed by the security of a name trusted for over 80 years, these plans give you the freedom to choose your own providers and the opportunity to save on dental costs. You'll also enjoy in-network access to innovative treatments and services including the DigiBite¹ teledentistry mobile app and discounts on SmileDirectClub's² clear aligners.

Capital Blue Cross Dental PPO

Most freedom

- One of the nation's largest dental PPO networks.
- Choose any dentist you'd like and get extra savings when you choose a network dentist.
- Coinsurance on covered dental procedures.
- No waiting periods on most plans.
- Orthodontia benefits for children.

Capital Blue Cross Dental Select³

Best coverage and value

- One of the largest regional dental networks.
- Choose an in-network primary care dentist to coordinate your care.
- Copayments on covered dental procedures.
- No waiting periods, annual maximum plan benefit limits, or deductibles.
- Orthodontia benefits for children and adults.

Plan Name	Diagnostic and Preventive Services		Basic Services		Major Services		Orthodontia Services		Monthly Rates ⁴		
	Children (under age 19)	Adults (age 19 and over)	Children (under age 19)	Adults (age 19 and over)	Children (under age 19)	Adults (age 19 and over)	Children (under age 19)	Adults (age 19 and over)	Child	Adult	
										Counties of Adams, Berks, Centre, Columbia, Lancaster, Lehigh, Mifflin, Montour, Northampton, Northumberland, Schuylkill, Snyder, Union, and York	Counties of Cumberland, Dauphin, Franklin, Fulton, Juniata, Lebanon, and Perry
Dental PPO Loyalty Plan	✓	✓	✓	✓	✓	✓	✓		\$26.25	\$28.45	\$31.90
Dental PPO Care Plan ⁵	✓	✓	✓	✓	✓		✓		\$26.25	\$23.20	\$26.00
Dental PPO Standard Plan ⁵	✓	✓	✓	✓	✓	✓	✓		\$26.25	\$38.45	\$43.10
Dental PPO Premium Plan ⁵	✓	✓	✓	✓	✓	✓	✓		\$26.25	\$58.25	\$65.15
Dental Select Basic ³	✓	✓	✓	✓	✓	✓	✓ ⁶	✓	\$10.95	\$8.95	\$8.95
Dental PPO Preventive	✓	✓	✓		✓		✓		\$26.25	\$10.90	\$12.25

This information is for illustrative purposes only. Classification of services varies by plan. Go to [CapitalBlueCross.com](https://www.CapitalBlueCross.com) for full plan and program summaries.

¹ For informational purposes only. DigiBite application may not be available in all 50 states or available on all plans. Contact the Capital Blue Cross Dental telephone number on the back of your ID card for more information. DigiBite is an independent company whose products and services are not Capital Blue Cross products and services.

² SmileDirectClub, Inc. is an independent company whose products and services are not Capital Blue Cross products and services and is solely responsible for orthodontic discounts. Call Smile Direct Club at 800.848.7566 for additional information.

³ Dental Select plans require the selection of a primary care dentist (PCD) from the Capital Blue Cross Dental Select network. The PCD provides routine care and arranges or provides most other medically necessary services. Except for emergency services, benefits are covered only when provided or properly referred by the PCD, preauthorized by Capital Blue Cross, or as stated within the dental policy.

⁴ Rate applies to each child under age 21, up to three children; no charge for additional children.

⁵ Dental PPO Care Plan, Dental PPO Standard Plan, and Dental PPO Premier Plan are not considered "minimal essential dental coverage" for children under the Affordable Care Act.

⁶ In addition to medically necessary orthodontia services, value-added discounts are available for non-medically necessary orthodontia services with no waiting period. Discounts are not insurance and create no liability for payment by the plan.

Capital Blue Cross Vision

Focusing on your eyesight

See the world clearly with the security of a name trusted for over 80 years and access to one of the largest eye care networks in the nation.

Schedule your routine exam today

Your eyesight is one of your most important senses. Eighty percent of what you perceive comes through your sense of sight. Routine eye exams reduce your odds of blindness and vision loss while staying on top of any developing eye diseases such as cataracts and glaucoma. Even if your vision seems fine, a routine exam can help detect the onset of other conditions like diabetes, high blood pressure, high cholesterol, and heart disease.

Vision Essential Plan

Save money when you use a leading national network of providers including Walmart, Sam's Club, Pearle Vision, America's Best, JCPenney, Target Optical, and many independent providers⁷ — or use any licensed vision provider. Visit [CapitalBlueCross.com](https://www.CapitalBlueCross.com) for more information.

Added discounts⁸

- Value added plus — Receive discounts on additional purchases from in-network providers during the benefit period after the primary benefits have been exhausted.
- Contact lenses by mail — Enjoy convenient mail order and delivery of contacts with Contact Fill's discount program. Visit [ContactFill.com](https://www.ContactFill.com) or call **866.234.1393**.
- LASIK discounts — Receive a 15 percent discount on standard prices or a 5 percent discount on promotional prices when an in-network provider performs the services.

At-a-glance		
Monthly premium		
\$8.99 per person ⁹		
Benefit summary	In-network copayments	Frequency
Exam	\$10	12 months
Lenses		
Frames ¹⁰	None	
Contact lenses (instead of glasses) ¹¹		
In-network lenses benefit options ¹² (in addition to lenses copayment above)		
UV coating	\$12	
Tint	\$10	
Scratch resistance		
Polycarbonate	\$25	
Anti-reflective	\$40	
Standard progressive	\$50	
Blue blockers, standard	\$40	
Other add-ons	Retail discount	
Maximum allowances ¹³		
In-network provider		
Frames ¹⁰	\$120	
Contact lenses (instead of glasses) ¹¹	\$100	
Out-of-network provider		
Exam	\$32	
Frames	\$60	
Single vision lenses	\$24	
Bifocal lenses	\$36	
Trifocal lenses	\$46	
Contact lenses	\$75	

⁷ All other brand names, product names, or trademarks belong to their respective holders.

⁸ Discounts are not insurance and create no liability for payment by the plan.

⁹ Rate applies to each child under age 21, up to three children; no charge for additional children.

¹⁰ You are responsible for frame costs over \$120, minus a 30 percent discount. (Example: If the frame costs \$220, the plan pays \$120. The 30 percent discount is applied to the \$100 balance, so you pay \$70.)

¹¹ You are responsible for contact lens costs over \$100, minus a 25 percent discount. (Example: If the contact lenses cost \$200, the plan pays \$100. The 25 percent discount is applied to the \$100 balance, so you pay \$75.)

¹² Lens options purchased from in-network providers are provided at a fixed price (does not apply to Walmart/Sam's Club locations). Refer to the plan documents at CapitalBlueCross.com for specific pricing.

¹³ The scheduled amounts shown are the maximum allowable amounts. There is no assurance that the scheduled amount will be sufficient to pay the full cost of the service rendered or the materials selected.

We offer more

Easy access

Use your secure account to:

- View your benefits, eligibility, and claims.
- Print ID cards.
- Use tools designed to help you live healthy.

Blue365[®]

Members can register at Blue365Deals.com for discounts on fitness gear, activity trackers (ex. Fitbit and Garmin), gym memberships, Sonicare toothbrushes, LASIK, and much more.

EPIC Hearing¹⁴

Save on name brand hearing aids and related professional services through the EPIC Hearing Service Plan. Visit EPICHearing.com or call **866.956.5400** to speak with an EPIC Hearing Counselor (reference code [CBCHearing](https://CBCHearing.com)).

Ready to enroll?

Eligibility

You and your dependents (spouse/domestic partner and unmarried children up to age 26) are eligible to enroll.

How to apply

- Online: Go to CapitalBlueCross.com.
- By phone: Call **800.451.1181**.
- In person: Visit a Capital Blue Cross Connect location.
- By mail: Call us and we'll send you an application.

Effective date

When we receive your application and payment, your coverage will be effective the first day of the following month.

Stop by Capital Blue Cross Connect

As a Capital Blue Cross member, you have access to more than dental and vision benefits. Stop by Capital Blue Cross Connect to try an exercise class, enjoy a healthy snack, or consult with a fitness trainer or nutritionist.

Visit CapitalBlueCrossConnect.com for class and event schedules.

Hampden Marketplace | Enola, PA

**The Promenade Shops at Saucon Valley |
Center Valley, PA**

WellSpan Health Campus | Chambersburg, PA

Apple Hill Medical Center, Entrance A | York, PA

Hamilton Street | Allentown, PA

Learn More

Visit CapitalBlueCross.com to learn more about our dental and vision plans, read detailed plan summaries, and find in-network dentists and vision providers.

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¹⁴ EPIC Hearing Healthcare is an independent company whose products and services are not Blue Cross products and services. EPIC Hearing Healthcare is solely responsible for these hearing discounts.

The Blue365[®] program is brought to you by the Blue Cross Blue Shield Association. The Blue Cross Blue Shield Association is an association of independent, locally operated Blue Cross and/or Blue Shield companies. Blue365 offers access to savings on health and wellness products and services and other interesting items that members may purchase from independent vendors, which are different from covered benefits under your policies with Capital Blue Cross, its contracts with Medicare, or any other applicable federal healthcare program.

Capital Blue Cross Connect is brought to you by Capital Blue Cross, an Independent Licensee of the Blue Cross Blue Shield Association, serving 21 counties in Central Pennsylvania and the Lehigh Valley.